Track: 2026-09-20 Monte Bolza	**IBP = 86 HKG**
These speeds are average for = HKG	
IBP index reliability= B	

Total length	14.72 Km
Analyzed distance	14.72 Km
Lineal distance	0.01 Km

Accumulated climb	663.6 m
Accumulated descent	660.2 m
Maximum height	1933.7 m
Minimal height	1486.1 m
Climb rate	11.18 %
Descent rate	9.8 %
Positive climb difference per km	45.08 m
Negative descent difference per km	44.85 m

Total time	6:18:11 h
Time in movement	4:32:06 h
Stopped time	1:46:05 h

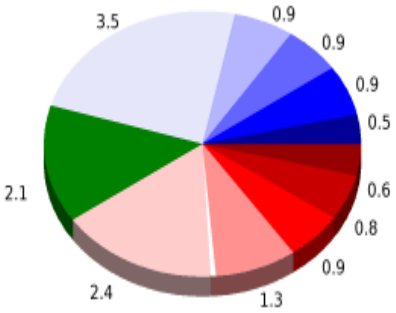
Total speed average	2.34 Km/h
Average speed in movement	3.25 Km/h
Maximum held speed	5.12 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	865 (cad. 17.02 m)
Significant points	380 (cad. 38.85 m / 43.93 %)
Aberrant points	33 (3.82 % d. total)

Direction changes per km	12.09
Direction changes >5º per km	8.29
Accumulated straight stretches	2.574 Km
Straight stretches per km	174.86 m
Penalizables slope changes	5
Penalizables slope changes per km	0.34

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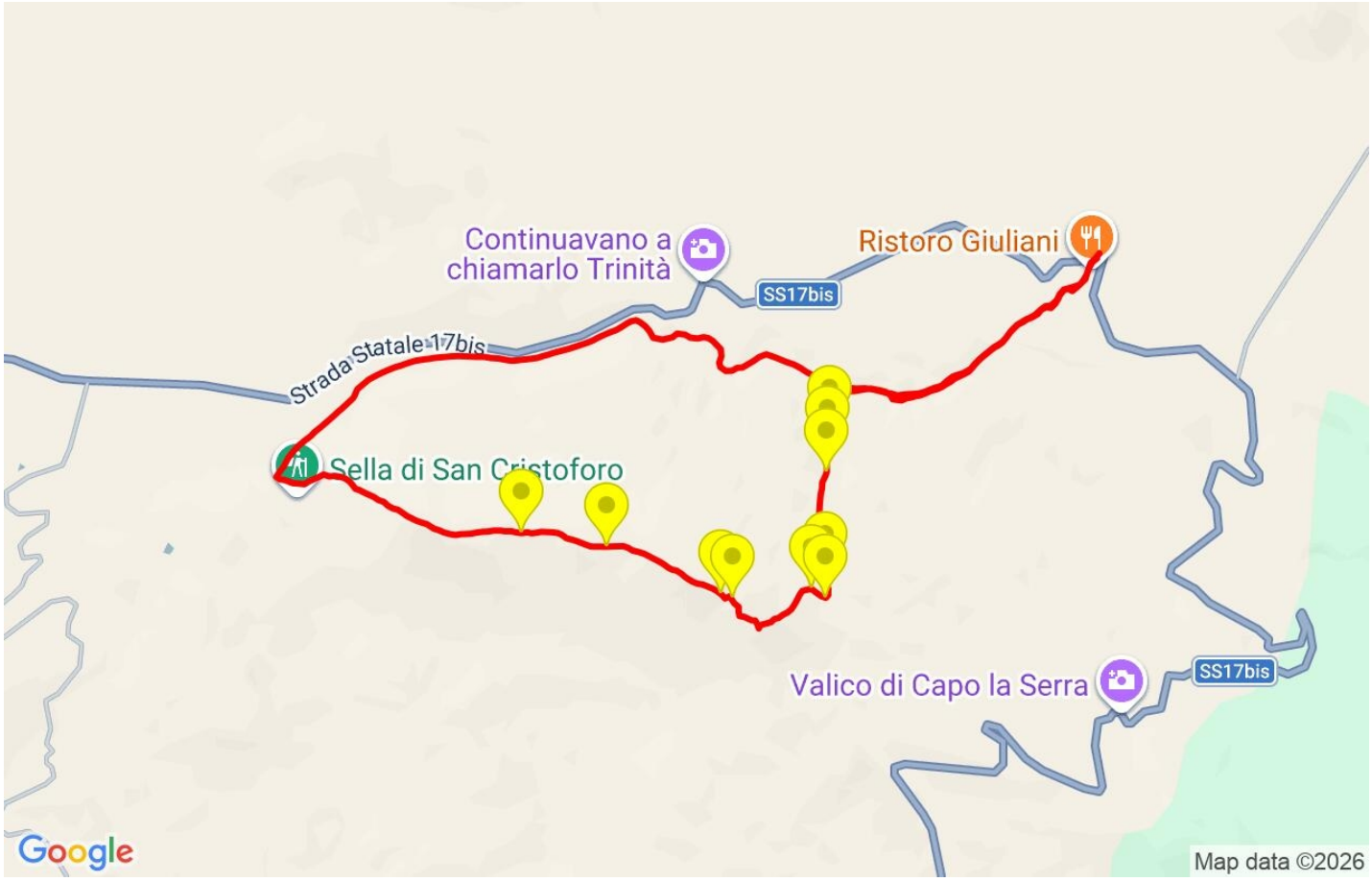
Summary of slopes

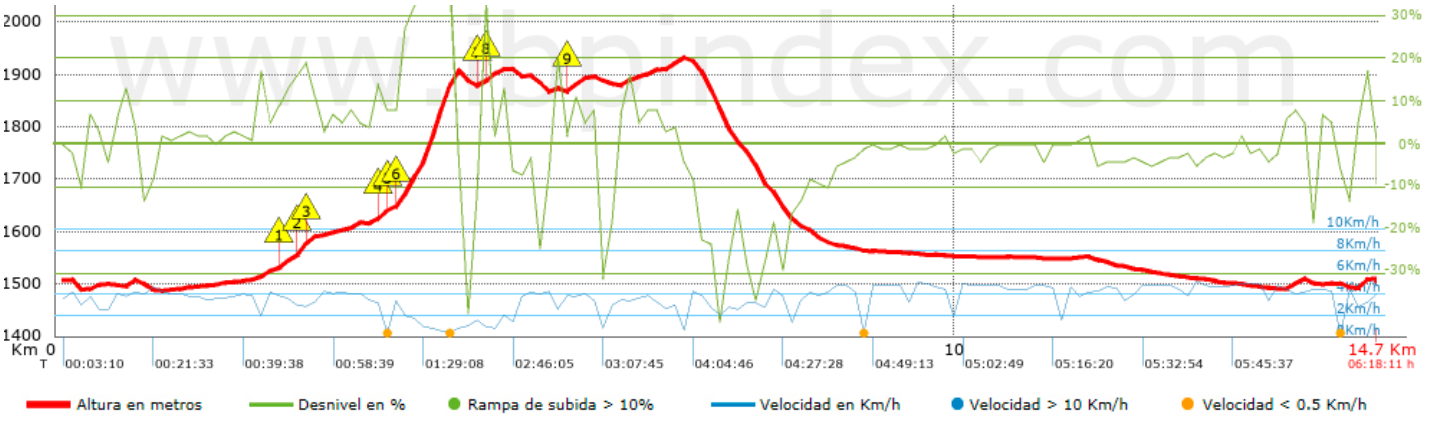


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	0.581	3.95	1.54	0:22:42
	Between 15 and 30%	0.794	5.39	2.77	0:17:14
	Between 10 and 15%	0.899	6.11	2.88	0:18:46
	Between 5 and 10%	1.252	8.5	3.37	0:22:16
	Between 1 and 5%	2.411	16.37	3.33	0:43:29
	Total :	5.937	40.32	2.86	2:04:27
	Plain				
	Difference of 1%	2.052	13.94	3.75	0:32:49
	Breakdown descents				
	Between 1 and 5%	3.549	24.1	4.35	0:48:57
	Between 5 and 10%	0.92	6.25	3.68	0:14:59
	Between 10 and 15%	0.88	5.98	3.19	0:16:33
	Between 15 and 30%	0.935	6.35	2.68	0:20:54
	Between 30% and 55%	0.451	3.06	2.01	0:13:27
	Total :	6.734	45.74	3.52	1:54:50
	Total track :	14.72	100 %	3.25	4:32:06

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	2.478	13 %	139 m
2	2.617	19 %	148 m
3	2.765	12 %	115 m
4	3.512	13 %	168 m
5	3.797	39 %	650 m
6	4.697	27 %	110 m
7	5.667	14 %	170 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
1750	3590.126	24.38	1:23:27	2.58	1:25:52	2:49:19	1.27
1500	8789.034	59.69	2:31:25	3.48	0:20:13	2:51:38	3.07
Total :	12.379 Km	84.08 %	3:54:52 h	3.16 Km/h	1:46:05 h	5:40:57 h	2.18 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
3.646	0:07:25	1638	1:08:45	1:08:45	3.646
4.132	0:07:32	1763	1:32:20	0:23:35	0.486
4.316	0:05:24	1850	1:46:54	0:14:34	0.184
4.386	0:27:50 > 10´	1880	1:54:42	0:07:48 < 10´	0.07
4.768	0:02:57	1888	2:34:19	0:39:37	0.381
6.016	0:02:52	1900	3:04:53	0:30:34	1.248
6.902	0:39:17 > 10´	1931	3:24:29	0:19:36	0.887
8.864	0:05:31	1569	4:41:19	1:16:50	1.962
14.199	0:07:17	1504	6:02:23	1:21:04	5.335
Total :	1:46:05 h				

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